Medical Intuitive Energy-Guide

Week 2 of 5 — Training Course

Level 1

Spring 2014

with

Swamiji

The Hip Guru’s™ Guide Academy
Medical Intuitive Energy-Guide

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This training course has been uniquely developed based on the past 4 decades of Swamiji’s deep meditations, studies, research, and working with thousands of people. The work, while including tools certainly available elsewhere, is presented in a structure and style that is an historic approach to healing, seeing, and celebrating life and with others.

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Review
Daily Ritual

AM & PM: Wakeup/Bedtime

Im grateful for _____________ (eg, health, wealth, love, shelter, food, clothing, innate gifts)

Thank you for _____________ (eg, showing me my path - daily/weekly, monthly/yearly & 5-10 year goals — and fulfilling them)

Thank you for showing me how to choose the path of love and harmony in thought, feeling, speech, and action.

Thy will be done — I pick up nothing from people I help today (in my sleep) and everyday (night).

Journal any visions, dreams, ideas

Stretch (yoga, tai chi, etc.)/possible exercise

Healthy breakfast, snacks, lunch, dinner
Personal Development Part 2: Balance

We must always follow the adage, ‘doctor heal thyself’ — or in short - we must heal & grow & celebrate our lives first and foremost before we can be of any help to others.

1. Balancing Learning, Teaching & Celebrating
Here is a simple rule: Do what you feel called to do at any time.
Feel the energy
Pick the ‘low hanging fruits’

Honeybees draw the nectar from the flower & move on to the next.

Realworld Translation: As long as you are gaining energy from something, continue with it. When the energy wave ebbs, move on to the next energy wave. Eventually you will come back at the first wave when it is going to peak. (Momentum Living)

2. Balancing Learning & Teaching
Remember we are now in the dawn of a new age, so we can remind ourselves we must let go of the unworkable robotic, industrial factory mindset that everything must work with clockwork-like perfection.

Myth:
We must be superman or superwoman, or all-knowing, omniscient, omnipresent God.
Reality:
A) True knowing comes from a combination of experience and knowledge and being mentored

The state of ‘not knowing’ means we are open. The feeling of being ‘vulnerable’ means we are open to new ideas and experiences for our own growth; it means we are open to letting God or spirit grow us. We are not the doers. Being ‘sure’ means we have blocked out 90% of our subconscious mind and all of the spiritual world.

A vacuum-packed airtight bottle of olives may help them last longer, but you must open the bottle and mix them up with the meal for them to be enjoyed.

Myth:
I can only act when I ‘know’ something

Reality:
In many cases, we must start to act to test our theories (or someone else's theories). Only then can we know the truth if it works for us. Only then can we know what we need. And only through action can we ‘exercise’ or get ourselves in shape for that situation.

Parents tells their child, they’ll never amount to anything; our (religion) we have been (persecuted/abused) - we have to not stand out in the crowd (often unspoken teaching to children); etc.

You must go out in the world and try to live your dreams. In the process you see these beliefs are no longer true; or less true.

If you are to become good at basketball, you must do more than read about it — you must take action and practice. And like everything else, you can always get better.
The real key then is to be grateful for your successes (growth) while being humbled by your need for learning, and all the time rejoicing in the celebration of being divine on a divine planet.

*Study — Act — Celebrate*

**Unhealthy Vulnerability = Self Doubt**
Once you do know something about yourself from study, acting, and celebrating — don’t let others change your mind/doubt!

**There is no right way — no one way — no only way!**

What works for you will not work completely for others. Everyone has their own style. Some are more adventurous, some find fulfillment in home life. Some are more risk takers, others prefer a more conservative approach.

**Four Types of People Languages**
Much as been written about this, and here is how I view it.

To reach people you need to speak their language. People are a combination of each, and knowing which they are, you can speak directly to them so they get it. By speaking their language they are able to understand what you are saying. This is how you motivate others.

**The 4 People Languages**
Knowledge, Action, Structure, Heart
Client Practicum

A) Protect

D) Healing
Your method - client case study 1 - 3

E) Other Detection Methods
2. scan method
3. visualize method
4. serendipity method
5. ayurvedic dosha analysis

F) Other Energy Healing Methods local & distance healing
2. ancestral healing
3. cultural healing
4. societal healing
5. karmic healing
G) Other Physical/Emotional Healing Methods

*Get them involved in their healing process*

We have been trained to believe healing is beyond our control when in fact we can cause health or disease with life’s basics. Sharing this idea through fun healing methods gives patients their sense of power and control back.

Show them it’s fun and they will usually gladly pick from there.

- foods
- exercise
- lifestyle
- life purpose
- aromatherapy
- color therapy
- music therapy
- herbal therapy
- EFT (Tapping)
- kinesiology

H) Other Shamanic Healing Methods

1. gems/crystals
2. totems
3. walk in nature/be in nature
4. journaling

I) Three Types of Patient Personalities

1. Fearful/Worry - (including hypochondria)
2. Anger/Impatience/Hypercritical
3. Lethargic/Hoarding

These can become obsessions as well (just deeper versions of each trait)